

2016 Central Athletic League Silver Meet

Host School Conestoga at Radnor High School

Boys: Friday, February 12th 2016: 4 PM (Warm Up begins at 3 PM)

Girls: Saturday, February 13th 2016: 11:30 AM pm (Warm up begins at 10:30 AM)

Entries: Due to Tom Robinson (ctrobinson1@verizon.net) by Saturday February 6th @noon.

Individual Athletes:

Swimmers who have already qualified for CAL Swimming Championships may not participate. Swimmers will be able to qualify for the Central League meet by exceeding the time at the Silver Meet.

Each swimmer shall be permitted to enter a maximum of four (4) events, no more than two (2) of which may be individual events. Swimmers are permitted to enter into one individual event and three relays.

School Entries:

Each school may enter two (2) relay teams per relay event

Each school may enter up to five (5) swimmers in an individual event, provided that each of the five is slower than the Central League qualifying time for that event. Schools may enter an unlimited number of swimmers in the 50 and 100 Freestyle events.

Seating assignments will be available closer to the date of the meet.